

## **From the Chairperson . . .**

Dear members,

Are you finding your place in the change of events? It feels good to pick up and resume clinic hours in a somewhat modified 'normal'. I cherish get-togethers on a physical level, having cups of coffee or a meal with others while sitting around a table.

As a Bowtech practitioner, how can we serve our clients best at this time? Personally, I have found that people need a lot more time to talk. There seems to be an overwhelming need for face to face communication, assurance and hope. In uncertain times people are not sure what tomorrow will bring, and they often experience anxiety and a sense of being on an emotional roller coaster. We, as practitioners, need to first and foremost look after ourselves. Do you feel unsure about your future? Going within is essential to release any deep-seated fears and old beliefs. If we want to move on from the old paradigm and into a new world where tolerance and heart love is dominant, we first need to find it in ourselves. Then we can also assist others on their journey. A worldwide change happens one heart at a time. We as Bowen practitioners are perfectly positioned to assist our clients with this and help reduce pain and suffering.

I hope you access your source of hope and love and wish you all busy clinics and inner peace. Blessings and happy Bowening.

*Inga von Benzon*

## **From the Secretary . . .**

We've made it to level 4 and back again – well done to everyone! I trust you're enjoying being back in your clinic and interacting with your clients once again. For me, personally, I LOVED 'lockdown' and what it allowed me to do – one of my clients said he'd like 'lockdown' to happen every year! I think that's called using your annual leave wisely.

I'm sad to say that there a few members who have yet to complete their full re-registration process for the 2020-2021 year – I've sent many emails to some of you, please can you reply to them as soon as you can.

The Zoom catchups during lockdown were very well attended and enjoyed by us all. A special 'thank you' to Lynley Moroney for sharing her thoughts and experiences of distance Bowen – I know several members felt inspired to offer this to some of their clients during this time. Several members have asked if we can continue these meetings during the year – watch your in-box for further invites, we'll aim to do this once every quarter or so.

Our Annual General Meeting via Zoom was reasonably well attended, the Minutes will be coming to you (via email) in the near future. We bid farewell to Carolyn Dickey and Ashleigh Rosewarne who have stepped down from their positions as committee members, and we welcome Vanessa King (Tauranga) and Traci Davis (Levin) who are joining the team. We're looking forward to the year ahead.

Look after you and yours!

*Christine Bull*

## **From the Newsletter Editor . . .**

It doesn't seem that long since I was collating the last newsletter – where does the time disappear to?!?

In this issue you'll find dates for Review Day courses which are being offered around the country, please contact the relevant instructor as soon as you can to register your intention to attend their course.

At the end of this issue is a list of our current Professional and Associate members. This list is published in the June and December issues of our Bowen Therapy New Zealand Newsletter. Alternatively, you can use our website [www.nzbowentherapy.org.nz](http://www.nzbowentherapy.org.nz) and click on the "Find a Practitioner" link.

Sadly, I haven't received any interesting stories to be included in this issue, so the content is a bit lighter than usual. If you have anything to share (and I know we've all had some great results) please send them through to Louise Parkin who will be collating them for the newsletter; Louise's email address is [louiseparkin1973@gmail.com](mailto:louiseparkin1973@gmail.com)  
Happy reading!

*Christine Bull*



**Bowen Therapy New Zealand Bank Account:**

**Our account number is  
03 0626 0652879 00**

If making a payment via the internet, please use your name and what the payment is for as your reference. And send an email to Paul (our treasurer) telling him you've made the payment.

**Executive Members**

**Chairperson**

Inga von Benzon (Auckland)  
Ph 021 540 544  
[chairperson@nzbowentherapy.org.nz](mailto:chairperson@nzbowentherapy.org.nz)

**Vice Chairperson**

June Soby (Katikati)  
Ph 07 552 0691 or 027 462 8524  
Email: [junesoby@eol.co.nz](mailto:junesoby@eol.co.nz)

**Secretary**

Christine Bull (Kapiti Coast)  
Ph 04 902 3320 or 027 354 0125  
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**Treasurer**

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**Instructor Rep**

June Soby (Katikati)  
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Email: [junesoby@eol.co.nz](mailto:junesoby@eol.co.nz)



***We'd like to extend a very warm welcome to our Bowen Therapy New Zealand Association to the following students who have begun their Bowtech Bowen training this year:***

Georgina Bell-Burgess Auckland

## **Virtual Bowen Get Togethers**

During lockdown Inga and Christine decided to organise some Bowen get togethers via Zoom as a way of keeping in touch with everyone, especially when it came to sharing information about what we were permitted (or not) to do at the different levels.

We held four sessions over the level 4 / 3 lockdown period – each session was on a different weekday and at a different time to allow for as many people to join in as possible.

The first get together saw a lot of discussion and questions about Distance Bowen, so it was decided to ask Lynley to share her experience with this at a subsequent meeting – Lynley was going to be speaking about this at our cancelled Conference. This was very well received by those who attended, and many practitioners felt comfortable enough to offer this form of treatment to some of their clients.

Meeting via Zoom was a great opportunity to meet other practitioners and students from around the country – we had members from Kerikeri in the north, right down to Invercargill in the south, Gisborne in the east, and everywhere in between. We had a chance to share a little about ourselves and ask questions about situations or cases that we'd encountered, with everyone having the opportunity to speak as they wanted to.

These meetings proved to be very successful, and several members asked if we could continue to have these meetings throughout the year.



# TRAINING NEWS!

## **BOWTECH CLASSROOM POLICY:**

Recorders, videos, cell phones, cameras and other devices **must not** be used at any time during ANY courses.

Failure to comply will result in confiscation of the device until the course is completed.

## **Gay Jarvis**

66 Guy Avenue  
Palmerston North 4410  
Ph: 06 355 2919

Email: [gayjarvis@xtra.co.nz](mailto:gayjarvis@xtra.co.nz)

*Please note: Closing dates for courses to be held in Auckland, Nelson and Dunedin are **TWO MONTHS PRIOR** to the course taking place. If there are insufficient attendees, the course will not go ahead.*

*Please do not book travel and accommodation until the course is confirmed.*

*To register for all courses, please send the following to [gayjarvis@xtra.co.nz](mailto:gayjarvis@xtra.co.nz)*

*Your **non-refundable** deposit of \$100.00, along with your full contact details and scanned copy of your CEU card. Please let me know if you are able to bring a massage table.*

*Payments may be made into the following account:*

*ASB Palmerston North*

*BWW& CG Jarvis*

*a/c no 123143 0140442 01*

*Please email Gay when payment has been made.*

*Should the course not go ahead, your monies will be refunded in full.*

## **South Island Practitioners:**

Gay is willing to come to the South Island to hold modules 9 – 12.

Please let Gay know if you are interested in attending any of those modules, and if there are sufficient numbers interested in attending, arrangements may be made for Gay to travel to a location in the South Island.

## **Modules 1 – 6 Palmerston North**

**To be advised**

## **Module 7 / 8 and Review Days**

**FEES:** Module 7 \$475.00  
Module 8 \$410.00  
Review Days \$300.00 for BOTH days

### **Nelson**

**Date:** 25 & 26 July

**This course is definitely taking place**

### **Palmerston North**

**Date:** 26 & 27 September

Closing date for registrations **August 28**

### **Auckland**

**Date:** 14 & 15 November

Closing date for registrations **September 9**

*Please register EARLY. If insufficient attendees by the closing date, the course will not go ahead.*

## **Specialised Bowen Procedures 1**

### **(Modules 9 & 10)**

**16 CEU hours Category One for 2020 only**

**FEES:** Module 9 \$490.00 (includes supplementary manual)

Module 10 \$410.00

Review Days \$300.00 for BOTH days

**(for those who have their SBP1 certificate)**

### **Pre-requisites**

**Module 9** Professional Membership of Bowen Therapy New Zealand

**Module 10** A minimum of six months after attending Module 9

Modules 9 and 10 are two-day courses, held at the same time. You attend module 9, and a minimum of six months later you may attend module 10. A written assessment is to be completed at module 10.

***Please indicate whether you are attending Module 9 or 10 or Review Days***

### **Palmerston North**

**Date:** 11 & 12 July

7 & 8 November

Closing date for registration **October 7**

### **Hamilton**

**Date:** 15 & 16 August

Closing date for registrations: **July 17**

*Please register EARLY. If insufficient attendees by the closing date, the course will not go ahead.*

***See details above for registering to attend this course***

## Specialised Bowen Procedures 2

### (Modules 11 & 12)

Presented by Gay Jarvis

16 CEU hours Category 2

**FEES:** Module 11 \$490.00  
Module 12 \$450.00  
Review Days \$300.00 for BOTH days  
*(for those who have their SBP2 Certificate)*  
*Practitioners are required to attend BOTH days*

#### **Pre requisite:**

**Mod 11:** a minimum of six months after gaining your SBP1 Certificate

**Mod 12:** a minimum of six months after attending module 11

#### **Palmerston North**

**Date:** 29 & 30 August  
**Closing Date July 24**

*See details above for registering to attend this course*

## **Richard Rust**

Wellington School of Massage  
Ph 04 473 8788

Email: [jane@radianthealth.co.nz](mailto:jane@radianthealth.co.nz)

### Modules 1 – 6 Wellington

**Module 1** 22 & 23 August  
**Module 2** 19 & 20 September  
**Module 3** 10 & 11 October  
**Module 4** 7 & 8 November  
**Module 5** 5 & 6 December  
**Module 6** 2021 - tba

## **Inga von Benzon**

Holistic Health Naturopathic Clinic  
Ph 021 540 544

email: [inga@holisticwellbeing.kiwi.nz](mailto:inga@holisticwellbeing.kiwi.nz)

### Modules 1 – 6 Auckland

**Module 1** 14 & 15 March  
**Module 2** 13 & 14 June  
**Module 3** 18 & 19 July  
**Module 4** 15 & 16 August  
**Module 5** 19 & 20 September  
**Module 6** 17 & 18 October

### Modules 1 – 6 Christchurch

**Module 1 & 2** 9 – 12 October  
**Module 3 & 4** 4 – 7 December  
**Module 5 & 6** 26 February - 1 March 2021

### Modules 1 – 6 Auckland (2021)

**Module 1** 27 & 28 March  
**Module 2** 24 & 25 April  
**Module 3** 29 & 30 May  
**Module 4** 26 & 27 June  
**Module 5** 24 & 25 July  
**Module 6** 28 & 29 August

### Practitioner Review Days

**Cost:** \$150.00 per day

#### **Auckland**

- 27 & 28 June
- 19 & 20 September (Mod5)
- 19 & 20 June 2021
- 24 & 25 July 2021 (Mod 5)

#### **Christchurch**

- 27 & 28 February

## **Christine Bull**

Kapiti Coast  
Ph 04 902 3320 or 027 354 0125  
Email: [christinesbull@gmail.com](mailto:christinesbull@gmail.com)

### Modules 1 – 6 Paraparaumu Beach

**Module 1** 15 & 16 August  
**Module 2** 12 & 13 September  
**Module 3** 10 & 11 October  
**Module 4** 14 & 15 November  
**Module 5** 5 & 6 December  
**Module 6** 30 & 31 January 2021

### Practitioner Review Days

**Cost:** \$150.00 per day

**Invercargill** 8 & 9 August

# Trainee Instructor Courses

*(These courses cannot be used for CEU hours)*

## June Soby

Katikati

Ph 07 552 0691 or 027 462 8524

Email: [junesoby@eol.co.nz](mailto:junesoby@eol.co.nz)

### Modules 1 – 6 Katikati

Module 1	25 & 26 July
Module 2	22 & 23 August
Module 3	19 & 20 September
Module 4	17 & 18 October
Module 5	14 & 15 November
Module 6	12 & 13 December

## “Mind Body Bowen” Course

This course, presented by Anne Schubert and Margaret Spicer, has been re-scheduled to May 2021 following our Conference in Auckland (possibly 23-24 May, but dates yet to be confirmed)

## “Bowen Body Decoding”

With Georgi Ilchev

International Bowtech Instructor  
from Bulgaria

### October course Cancelled

There is a small possibility that it may be rescheduled to September 2021, otherwise we can travel to Brisbane and attend his course after the International Bowtech Conference

# Lynley Moroney

Equus College of Learning & Research

International Instructor

Phone: 021 263 4851

Email: [EMRT.lynleymoroney@gmail.com](mailto:EMRT.lynleymoroney@gmail.com)

*Equine Muscle Release Therapy - EMRT™  
Cat & Canine Muscle Release Therapy - CCMRT™  
Practitioner courses*

### EMRT™ Level 1 Establishment course

#### Dates: to be advised

This 5-day course is for very experienced & competent horse men & women who have a great love and understanding of horses, & who want a career which can make a profound difference to the well-being of our equine friends (NO exceptions).

### HMRT™ (Human Muscle Release Therapy) –

Equus College Human Component (2 days) – dates yet to be confirmed.

Learning and understanding the correlation between humans and animals – “The Essence of Bowen”. This is a requirement for ALL Equus Animal Practitioners, & part of Level 1 curriculum.

### CCMRT™ Level 1

#### Dates: to be advised

This 5-day course for experienced and competent small animal handlers with a love for small animals who are looking for a career which can make a profound difference to the well-being of our small animal friends.

Future dates for subsequent Revisions and Levels to be decided with course participants at their Level 1 course.

*For all enquiries contact Lynley (details above).*

### EMRT™ One Day First Aid course

Masterton July 4 or 5

North Auckland July 11 or 12

*Contact Lynley Moroney for more information*



## Continuing Education Units (CEU's)

2020 – 2022

It is a requirement for Professional and Associate membership to the Bowen Therapy New Zealand (Inc.) and the Bowen Therapy Academy of Australia that a minimum of 32 continuing education units (CEU's) be completed in a two-year period. All approved courses are listed below.



### For the period 1 April 2020 – 31 March 2022

During this period, you **must** attend 2 days (16 hours) from Category 1 and a further 2 days (16 hours) from **any** of the categories.

#### Category 1 (Minimum of 16 hours required from here)

You may choose all of your 32 hours from Category 1 if you wish.

- Repeat Modules 4, 5 or 6 at the review day price/day
- Practitioner / review days
- Modules 7 & 8 are examining modules (available for review hours)
- Special Bowen Procedures 1 (modules 9 & 10) **FOR 2020 ONLY**
- Robyn Wood: Bowen and Chronic Fatigue (8hrs)
- Robyn Wood: Bowen and Diabetes (8hrs)
- Robyn Wood: Bowen for the Immobile & Stroke Client (8hrs)
- Robyn Wood: Sport Bowen 1 & 2 (16hrs)
- Robyn Wood: Joint and Muscle Taping and Bowen (8hrs)

**The remaining 16 hours may be gained by attending any courses below in Categories 2 or 3, or you may select another 16 hours from Category 1.**

#### Category 2

**(Each course is 16 hours but you may only claim 16 hours maximum from this group in the 2020-2022 period)**

- Special Bowen Procedures 2 (Modules 11 & 12)
- Anne Schubert & Margaret Spicer: Mind, Body & Bowen Course
- Georgi Ilchev: "Bowen Body Decoding"
- John Wilks: Working with Back Pain

#### Category 3 (8 hour courses)

**You may only claim 2 different courses from here in the 2020-2022 period.**

- Bowen Therapy New Zealand Conference (once every two years)
- First Aid course
- SBP1 Review = 8hrs only
- Farida Irani "Understanding Bowen from the Ayurveda Perspective"

**Please note: Failure to comply with the above will mean that your membership application cannot be processed until all of the requirements have been met.**

**You have until March 31, 2022 to complete your 32 hours of revision.**

## Bowtech Promotional Products

Our Bowtech merchandise people are Christine and Paul Bull. To purchase any of the items below, please contact them on **04 902 3320** (leave a message) or **027 354 0125** or email [christinesbull@gmail.com](mailto:christinesbull@gmail.com)

Please make payments by cheque payable to Bowen Therapy New Zealand, and send to **80 Seaview Road, Paraparaumu Beach 5032.**

For direct banking, contact Christine or Paul for account details.

Postage is included for all items except BOWTECH BALANCE FORMULA

<b>Bowen Therapy New Zealand / Bowtech Brochures</b>	50 100	\$18.00 \$32.00
<b>Bowtech Posters</b>		\$38.00
<b>Bowtech Lapel Pins</b>		\$15.00
<b>Bowtech Car Stickers</b>		\$ 6.50
<b>Books: "Understanding the Bowen Technique" by John Wilks</b> "The Bowen Technique – The inside Story" by John Wilks		\$12.00 \$60.00
<b>DVDs</b>		\$35 each
<ul style="list-style-type: none"> <li>• "A VISION TO HEAL" with Ossie and Elaine Rentsch</li> <li>• "Good Morning New Zealand" (TV presentation with Ossie Rentsch)</li> <li>• "A Tribute to Rene Horwood" (A Bowtech Bowen History)</li> </ul>		
<b>Bowtech Balance Formula</b>	per bottle	\$35.00 + P&P
<u>Plus P&amp;P</u>		
<b>Bowen Therapy New Zealand Tote Bag</b>		\$15.00
<ul style="list-style-type: none"> <li>• New Product – see photo below</li> </ul>		
<b>Bowtech Ease 100ml</b>		\$35.00 + postage
- please contact <b>Inga von Benzon</b> (Inga@holisticwellbeing.kiwi.nz)		





## Current Bowen Therapy New Zealand Members

"I" Instructor

\* Completed SBP 1 course

\*\* Completed SBP 2 course

"A" Associate Member

## LIFE MEMBERS

**Gay Jarvis**

**Ruve Parker\*\***

Dannemora Gardens  
30 Matarangi Rd G107  
East Tamaki Auckland 2013  
Ph 027 439 8296

**Peter Short\***

8 Suffolk Cres  
Feilding  
Ph 06 3238336

## PRACTITIONERS

### Far North / Bay of Islands

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Northland 0438  
Clinic:

- Kerikeri Bowen Centre

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[sandig@xtra.co.nz](mailto:sandig@xtra.co.nz)

**Sabrina Raad**

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[bowenalignz@gmail.com](mailto:bowenalignz@gmail.com)

**Inga von Benzon\*\* (I)**

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St Helier's Bay (Central)
- Mother-Well Holistic Health  
820 Mt Eden Rd (Central)
- Busy Body Health Hub  
19 Patons Road, Howick (East)  
Ph 021 540 544  
[inga@holisticwellbeing.kiwi.nz](mailto:inga@holisticwellbeing.kiwi.nz)

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### Waikato

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**Rotorua / Taupo****Tracy Pool\*\***

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